

Volleyball WA Academy

2026 Program 3 - Performance and Development Squads

Overview

The VWA Academy is the nationally aligned Talent Development program for athletes in Western Australia. The aim is to strengthen technical and tactical volleyball skills in both beach and indoor volleyball, align athletes to State and National team programs and expectations, and guide them towards reaching their individual sporting goals.

To facilitate an environment for personal growth and development, athletes will be grouped by skill level, progression, projected development, and commitment. For Program 3 there will be two Tiers, Performance and Development targeted for athletes born between the years of 2007 and 2013. The Development Squad will focus on reinforcing technical and tactical skills and fostering competitiveness in a learning environment. The Performance Squad will provide an increased training load across indoor and beach volleyball for athletes progressing within the VWA pathway.

Structure

Tier	Structure
Performance Squad 16 places per gender	1 indoor volleyball session per week 1 beach volleyball session per week 2 Strength and Conditioning sessions per week 1 Sports Psychology session
Development Squad 32 places per gender	1 indoor volleyball session per week

Volleyball Training Schedule

Two trial sessions will be conducted on the 12th and 14th October. Please note that previous involvement in the VWA Academy, State Teams and National programs will be considered in addition to performance at these Trials.

Trial Registration: <https://bit.ly/4706WF9>

Trials	Monday 12 October - 6:15 – 9:45 pm Kingsway Indoor Stadium
	Wednesday 14 October - 6:00 – 7:30 am Inner City Beach

Volleyball Training Schedule

8 Week Program from Monday 19th of October to Saturday 12th of December 2026

Development Indoor	Mondays 6:30 – 8:30 pm Kingsway Indoor Stadium
Performance Beach	Wednesdays 6:00 – 7:30 am Inner City Beach
Performance Indoor	Saturday Girls: 8:00 – 10:00 am Saturday Boys: 10:00 am – 12:00 pm Kingsway Indoor Stadium (5 th & 12 th Dec @ Swan Active Midland)

Program Fees

Program 3 Development Squad Fee: \$385.00

Program 3 Performance Squad Fee: \$605.00

Payment and Due Date: Offer acceptance, invoicing and payment due dates will be communicated directly with selected athletes. There will be no pro-rata payment options based on availability or attendance. Withdrawals after acceptance will be subject to full program fees, with any exceptional circumstances being managed on a case-by-case basis.

VWA Academy Staff

VWA Performance Pathways Coach | Sean Andrews | performance@volleyballwa.com.au

VWA Pathways Manager | Jackie Tamburri | pathways@volleyballwa.com.au