VOLLEYBALL
WESTERN AUSTRALIA

PRIDE CUP

healthway

Rules and Regulations

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1. OVERVIEW

The Healthway Pride Cup is a one-day social volley event that promotes LGBTQIA+ inclusion and acceptance in the volleyball community.

Volleyball WA recognises that excluding people from participating in sporting events and activities because of their gender identity may have significant implications for their health, wellbeing and involvement in community life. We are committed to supporting participation in our sport on the basis of the gender with which a person identifies.

These Competition Regulations are designed to make this competition run smoothly and fairly. Any queries prior to the event should be directed to the VWA Participation Manager at participation@volleyballwa.com.au. Queries or minor disputes on the day should be directed to the Tournament Coordinator at the venue.

2. IMPORTANT DATES AND INFORMATION

DATE	EVENT
18th October, 2026	Close of Nominations / Last day to withdraw team
18th October, 2026	Last changes to individual player registrations
2nd November, 2026	Fixtures released
15th November, 2026	Healthway Pride Cup

3. NOMINATIONS

Nominations for this competition will be accepted through the Nomination Form on the VWA Website. Players must also complete the individual registration form to be listed on a Team Roster. https://volleyballwa.com.au/events/pride-cup-2026/

Nomination Fee: $310 per team
Divisions: Mixed A, Mixed B
LATE ENTRIES ARE NOT GUARANTEED ACCEPTANCE. Late entries will only be accepted if they benefit the competition draw.

As per the VWA Refund Policy, withdrawals after the event nomination deadline will forfeit the nomination fee. Withdrawals prior to this date will receive a full refund but must be submitted in writing to VWA via email citing the reason for withdrawal.

4. RULES

Rules from the FIVB Official Rules book will be applied with minor changes. The rule book can be found here: https://www.fivb.com/en/volleyball/thegame_glossary/officialrulesofthegames

5. PLAYING CONDITIONS

A minimum of 3 matches is guaranteed for all teams in all divisions.
All matches are played according to a time limit unless otherwise indicated. There will be **40 minutes** playing time and **5 minutes** for warm up.

All matches are best of 3 sets. Sets 1 & 2 are rally point to 21 points (uncapped) leading by 2 points, with the 3rd set (if required) being rally point to 15 points (uncapped) leading by 2 points.

If the set score is 1:1 at the time limit the match will be determined by the point score of the unfinished 3rd set. The team that has an advantage of 1 point or more will be awarded that set and the match. In pool matches, if scores are tied at the time limit the match will be considered a draw. In finals matches, if the scores are tied, teams will continue playing to a 1-point advantage to decide the winner of the game.

If the 2nd set is not completed at the time limit it does not count and the match will be awarded to the team which won the first set.

6. TIME OUTS

Only one time-out is allowed per set per team. However, NO time-out will be allowed in the last 5 minutes of playing time.

7. TEAMS LATE TO COURT

After the referees have called the teams for the start of a game, if six players are not present the following applies;

- The game can be played with four players.
- The game will be forfeited after 5 minutes if five players are not available to play. A score of 21-0, 21-0 will be awarded to the opposition team.

8. POINTS SYSTEM

The following points system is in place to form the ladder of each division in order to select the teams eligible for finals

WIN	DRAW	LOSS	FORFEIT
3	2	1	-1

If points are tied, pool teams will then be ranked based on the order of the following;

1. Matches percentage (matches won divided by total matches played)
2. Sets percentage (sets won minus sets lost divided by total sets played)
3. Points percentage (points won minus points lost divided by total points played)

Please note: Only for complete and/or counting sets

9. FINALS FORMAT

Divisions with one pool will not have a semi-final game. Only a final game will be played.
If a Division has more than one pool, then a cross over finals format will apply.
If a Division has more than two pools the finals format will be determined based on number of pools and court availability. This will be determined by the **VWA Participation Manager.**

10. UNIFORMS

There are no uniform requirements for this competition. However, it is encouraged to wear similar colours. Appropriate footwear (closed toe sport shoes) must be worn. Safety concerns must be taken into account - no jewelry or accessories are to be worn.

All team sponsors need to be cleared with the VWA Participation Manager to ensure there is no clash with VWA sponsors. Please provide the name of the sponsor, the type of business / service they provide and their sponsorship requirements (e.g., sponsor logo on your playing top).

11. TEAM COMPOSITION

Teams must have a minimum of six (6) players on the court. All teams are required to have **2 female-identifying players** on the court at any time.

Players can only play with one (1) team and in one (1) Division. E.g. If a player is in Mixed Division A, they cannot play for a Mixed Division B team (and vice versa).

12. REFEREES

Referees will be provided for all games for this event. Teams will not be required to have duty personnel. **The Team Captain is the only team member that is allowed to speak with the referee and make requests.**

You may not always agree with the official judgment, but please remember the spirit of the game and that the referee tries hard to be fair to both teams. If a team does not understand an interpretation of a ruling, the Team Captain can request, in a polite manner, for an interpretation and/or explanation.

REMEMBER, SOCIAL SPORT SHOULD BE ENJOYABLE FOR ALL INVOLVED: ONESELF, ONE'S TEAMMATES, THE OPPOSITION, THE SPECTATORS AND THE OFFICIALS. Abusive behaviour will not be tolerated and participants may be asked to leave the competition and venue.

13. AWARDS

The Presentation of Awards for each Division will be held immediately after the final of that Division. Medals will be awarded to ten (10) players from the Champion team and the Runner up team in each division.

14. DISPUTES

The Coordinator is responsible for settling any game-related disputes as they occur and to interpret or make changes to the fixture or regulations as deemed necessary.

In a case of an **unresolved** dispute between Teams and / or members, and / or Competition personnel and officials, one or both of the parties may submit a complaint in writing to Volleyball WA for investigation. Please refer to the VWA Complaints Disputed and Discipline Policy for more information.
https://volleyballwa.com.au/wp-content/uploads/2024/03/VA-Complaints-Disputes-and-Discipline-Policy-March-2024.pdf

15. INJURIES

Volleyball is an active sport and can be played in a competitive manner. With any such activities, some injuries and accidents may be unavoidable. VWA and its tournament officials, harbor no liability or responsibility for personal accidents or injuries during the competition / event. VWA conducts risk assessments on each competition / event to ensure any possible risk is managed effectively and appropriately to minimise the chance of any accident or injury to its patrons.

If an injury occurs the injured player will need to fill out a Volleyball WA Injury Report form, available from the Tournament Coordinator. If under 18, a parent or guardian will need to co-sign. Players must provide their own strapping etc. Ice will be available at the venue for new injuries only. VWA recommends that teams bring their own first aid trained staff.

For serious injuries please visit the closest Hospital:
St. John of God Subiaco
Address: 12 Salvado Rd, Subiaco
Phone: (08) 9382 6111

Royal Perth Hospital
Address: 197 Wellington Street, Perth
Phone: (08) 9224 2244

16. INSURANCE

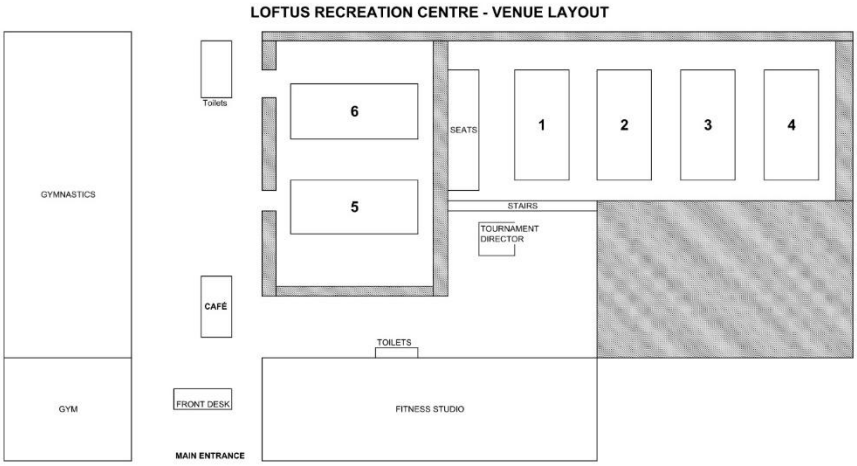
The Volleyball Australia National Insurance Program covers all players that are current VWA members. Nomination for this event includes a VWA Bronze event membership for all non-member players on the team.

17. EVENT PHOTOGRAPHY

Volleyball WA will be taking photos and videos at this event for promotional purposes in line with the VWA Photography and Videography Policy. Please notify the Tournament Coordinator if you DO NOT want to be featured.

18. COMPETITION VENUE

Loftus Recreation Centre
Address: Corner Loftus Street & Vincent Street, Leederville WA 6007
Phone: (08) 9227 6526
Website: https://loftusrecreationcentre.com.au/



LOFTUS RECREATION CENTRE - VENUE LAYOUT

19. VOLLEYBALL WA CODES OF CONDUCT

General Code of Conduct

In accordance with VWA Policies, you must meet the following requirements in regard to your conduct during any role held with Volleyball Western Australia or any affiliate club / association:

1. Respect the rights dignity and worth of others.
2. Be fair, considerate and honest in all dealing with others.
3. Be professional in, and accept responsibility for your actions.
4. Make a commitment to providing a quality service.
5. Demonstrate a high degree of individual responsibility especially when dealing with persons under 18 years of age, as your words and actions are an example.

6. Be aware of and maintain an uncompromising adhesion to Volleyball Western Australia standards, rules, regulations and policies.
7. Do not use your involvement with Volleyball Western Australia to promote your own beliefs, behaviours or practices where these are inconsistent with those of Volleyball Western Australia.
8. Avoid unaccompanied and unobserved activities with persons under 18 years of age
9. Refrain from any form of abuse, harassment or discrimination of others.
10. Avoid any situations which may lead to or be construed as a conflict of interest
11. Maintain a safe environment for you and others.
12. At all times act as a role model that promotes the positive aspects of sport and of volleyball by maintaining the highest standards of personal conduct and projecting a favourable image of the sport of volleyball at all times.
13. Respect the rights and worth of every person, regardless of their age, race, gender, ability, cultural background, sexuality or religion.
14. Do not tolerate abusive, bullying or threatening behaviour.
15. Understand your responsibility if you breach, or are aware of any breaches of this Code of Conduct.

Participant Code of Conduct

In addition to the General Code of Behaviour, you must meet the following requirements in regard to your conduct as a Participant during any activity / event held or sanctioned by Volleyball Western Australia:

1. Play by the rules and respect the decision of the coaches, referees and officials.
2. Maintain high personal behaviour standards at all times and understand that verbal abuse of officials and sledging other players and deliberately distracting or provoking an opponent are not acceptable or permitted behaviours in any sport.
3. Work equally hard for yourself and your team.
4. Display modesty in victory and graciousness in defeat.
5. Respect the rights, dignity and worth of fellow participants, coaches, referees, officials and spectators.
6. Be a good sport and applaud all good plays whether they are made by your team or the opposition
7. Take care with and respect the activity / event equipment and venue.
8. Be honest with your coach concerning illness and injury and your ability to play / train
9. Comply with all VWA policies and procedures.
10. Report any concerns to VWA in a timely manner.