VOLLEYBALL WA LEAD VOLLEY YOUTH NETWORK



Young people seek not only a sense of purpose from their volunteering and work, but also prospects for growth and ongoing feedback, learning, and development. Through a range of workshops and discussions in a supportive environment, the Lead Volley Youth Network (LVYN) will develop the minds of future volleyball leaders and offer young people a voice.

Key Objectives:

- Educate
- Equip
- Empower

LVYN aims to educate and equip young people with the knowledge and resources to not only participate in club activities but also empower young people to make a positive contribution to their club and the volleyball community.







Overview

The Lead Volley Panel has been transformed into the Lead Volley Youth Network (LVYN). By encouraging youth participation and capacity building, Volleyball WA (VWA) is promoting its purpose to inspire healthy minds and bodies through volleyball. VWA recognises that many young people are involved in the sport coaches, referees. as or administrators, and it is crucial to assist and encourage them as they develop professionally and personally, just as we do for our players.

The project will support the achievement of the following Volleyball WA Strategic Plan outcomes:

- Implement a state-wide engagement plan incorporating new and innovative activities that provide for all ages.
- Identify and engage ambassadors to advocate and support volleyball.
- Develop and implement professional development (with qualitative assessment) for staff and volunteers.

As well the Healthway's priorities of:

- Improving mental health
- Increasing physical activity
- Preventing harm from alcohol



VOLLEYBALL WA LEAD VOLLEY YOUTH NETWORK

Membership

LVYN members will be aged 18-24years. The expectation of membership will be that individuals attend and participate in each workshop to the best of their ability

Appointment Process

Members can self-nominate or be nominated by their club. By offering both options, we will not only attract individuals who are interested in participating in our program, but also those who the clubs perceive as having leadership potential.

Program

The LVYN will convene multiple times a year in various places, including the VWA Perth; Office in West regional will able representatives be to participate via Zoom. The VWA Club and People Development Coordinator will lead the workshops, with assistance from coaches, referees, and volunteers from the volleyball community.

The concept is to create an atmosphere in which individuals may learn, engage, reflect while also having fun, and socialising, and getting to know one another. Each session will include skill building exercises and some sort of physical activity. At the conclusion of the program, individuals will have the skills and knowledge, as well as accreditations able to make a be positive to contribution to the club, whether it be taking on a coaching/refereeing position or an administrative role.

Mental Health

The True Sport initiative will place a special emphasis on Mental Health and Wellbeing, Sideline Behaviour, and Child Safeguarding. In 2024, Volleyball WA will be offering Mental Health First Aid Courses for the Lead Volley Youth online Network with participation options for regional clubs and associations. Volleyball WA will actively endorse and integrate this initiative into the WA volleyball community and the Lead Volley Youth Network, aiming to strengthen and local support clubs/associations.

Contact Us

For more information please contact Volleyball WA's Club and People Development Coordinator at <u>development@volleyballwa.com.au</u> or call (08) 9228 8522.