The Duke of Edinburgh's International Award



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Volleyball WA is proud to support The <u>Duke of Edinburgh's International Award</u>, a global youth development program empowering young Australians aged 14-24 to explore their full potential.

We offer a range of diverse and enjoyable opportunities for Duke of Ed Participants across WA to complete their Physical Recreation, Skills and Voluntary Service sections at all levels of the Award.

Our experienced and skilled members meet Working with Children Check requirements and are willing to be a Participant's Duke of Ed Assessor.

Volleyball WA Duke of Ed Award Example Activities

Activity/ Level	Bronze	Silver	Gold
Duration	3 Months*	6 Months*	12 Months*
Minimum Age	14 Years	15 Years	16 Years
Voluntary Service Challenge yourself to be a responsible, caring member of the volleyball community	 Coaching Kid Volley-Spikezone / Junior Volley School Club and Community Volleyball WA and other State Activities Refereeing Event and program support Fundraising Committee member VWA Lead Volley Panel (18+ only) Minimum time- 13 hours 	 Coaching Kid Volley-Spikezone / Junior Volley School Club and Community Volleyball WA and other State Activities Refereeing Event and program support Fundraising Committee member VWA Lead Volley Panel (18+ only) Minimum time- 26 hours 	 Coaching Kid Volley-Spikezone / Junior Volley School Club and Community Volleyball WA and other State Activities Refereeing Event and program support Fundraising Committee member VWA Lead Volley Panel (18+ only) Minimum time- 52 hours
Skills Challenge yourself to improve your volleyball skills and widen your interests.	 Participation in a Coaching Course or Referee Course. Coaching Kid Volley-Spikezone School Club and Community Volleyball WA and other State Activities Refereeing Community Leagues and Competitions Volleyball WA Leagues and Competitions National Competitions Minimum time- 13 hours 	 Participation in a Coaching Course or Referee Course. Coaching Kid Volley-Spikezone School Club and Community Volleyball WA and other State Activities Refereeing Community Leagues and Competitions Volleyball WA Leagues and Competitions National Competitions 	 Participation in a Coaching Course or Referee Course. Coaching Kid Volley-Spikezone School Club and Community Volleyball WA and other State Activities Refereeing Community Leagues and Competitions Volleyball WA Leagues and Competitions National Competitions
Physical Recreation Challenge yourself to improve your, health, fitness and performance through volleyball and related activities.	 Play Volleyball School Team Club Compunity Group Competitions Volleyball WA programs National Programs Volleyball Specific Gym training Minimum time- 13 hours 	 Play Volleyball ✓ School Team ✓ Club ✓ Community Group ✓ Competitions ✓ Volleyball WA programs ✓ National Programs Volleyball Specific Gym training Minimum time- 26 hours 	 Play Volleyball School Team Club Community Group Competitions Volleyball WA programs National Programs Volleyball Specific Gym training Minimum time- 52 hours

hour per week, 2 hours per fortnight or 4 hours per 28 days.

Be Involved

To complete your Physical Recreation, Skills and/or Voluntary Service sections head to the Volleyball WA website to find an activity near you https://volleyballwa.com.au/participate/

You must first be registered as a Participant with a <u>Duke of Ed Award Centre</u>.

Contact <u>participation@volleyballwa.com.au</u> if you cannot find a volleyball activity.