# REDISCOVER VOLLEYBALI

PHASE 1

## VOLLEYBALL WA COVID-19 ROADMAP

This Roadmap has been made in line with the WA Government's COVID-19 WA roadmap and health advice.

## PHASE 3

Volleyball	27 Apı	ril 2020	18 Ma	ay 2020	6 Ju	ne 202
WA Stakeholder	Activity	Key Message	Activity	Key Message	Activity	
VWA Affiliated Clubs, Associations and Indoor Beach Centres	At-home training, by yourself or with limited people. Maintaining contact with stakeholders while working from home.	Outdoor personal training (no shared equipment) up to 10 people. Family and friends only. Engaging members.	Team training begins at outdoor and indoor centres in line with the latest health advice and social distancing measures. Development of COVIDSafe plans. • Clubs with venues – compulsory • All other Clubs – highly recommended	Get in, train and get out – venue must be prepared for training prior to player arrival at venue. Limit unnecessary social gatherings. No spectators. A <b>20 participant</b> limit, minimal shared equipment and 4sqm rule applied – non contact training.	<ul> <li>WA Volleyball League and Indoor Beach competitions run in line with the latest health advice and social distancing measures.</li> <li>Participant limit is determined by the venue and its operating allowance. For venues that can fully re-open under Phase 3, up to 300 patrons in total at the venue, but with no more than 100 patrons in a single undivided space at any one time (referred to as 100/300 rule) and applying the revised 2sqm per patron capacity rule for WA venues.</li> <li>Full contact sport is now permitted, including tackling.</li> <li>Development of COVIDSafe Phase 3 plans. <ul> <li>Clubs with venues – compulsory</li> <li>All other Clubs – highly recommended</li> </ul> </li> <li>Venues serving food should review the COVID Safety Plan for Food and Licensed venues.</li> </ul>	Get in Instru not in custo are in Equip Chan must distar recor and c Playe • Wa • No co • Sta
WA Volleyball League Clubs	At-home training, by yourself or with limited people. Contacting athletes about participation and FIVB ITC transfer. Work on 2020 WAVL Criteria.	Outdoor personal training (no shared equipment) up to 10 people. Family and friends only.	<ul> <li>Team training begins at outdoor and indoor centres in line with the latest health advice and social distancing measures.</li> <li>Development of COVIDSafe plan and completion of the WAVL Criteria.</li> <li>Confirm 2020 WAVL Squads and teams.</li> <li>Encourage all WAVL Players to purchase their VWA membership.</li> <li>WAVL Clubs to commence training.</li> </ul>	Get in, train and get out- venue must be prepared for training prior to player arrival at venue. Limit unnecessary social gatherings. No spectators. A 20 participant limit, minimal shared equipment and 4sqm rule applied – non contact training.	<ul> <li>WA Volleyball League competitions run in line with the latest health advice and social distancing measures.</li> <li>Participant limit is determined by the venue and its operating allowance. For venues that can fully re-open under Phase 3, up to 300 patrons in total at the venue, but with no more than 100 patrons in a single undivided space at any one time (referred to as 100/300 rule) and applying the revised 2sqm per patron capacity rule for WA venues.</li> <li>WAVL Guidelines will be developed with more information around spectators for each venue and will be released prior to the commencement on the season.</li> <li>Full contact sport is now permitted, including tackling.</li> <li>Development of COVIDSafe Phase 3 plans. <ul> <li>Clubs with venues – compulsory</li> <li>All other Clubs – highly recommended</li> </ul> </li> <li>Commencement Dates; <ul> <li>SL &amp; SLR – 28 June, 2020 commence</li> <li>Divisions – 12 July, 2020 commence</li> </ul> </li> </ul>	Get ir Instru not ir custo are ir Equip Clubs of con Playe • Wa • No co • Sta

PHASE 2









2<sub>sqm</sub>

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### AS OF 12:30PM, 05 JUNE 2020

#### 2020

### **Key Message**

et in, train/play and get out.

structors, trainers, coaches and general venue staff are ot included in the 100/300 patron count. Players, istomers, patrons, participants, parents and spectators re included in the count in the 100/300 patron count.

uipment can be shared but should be cleaned regularly

nange rooms and shower facilities can now open. Venues ust manage access and agree to ensure physical stancing. Venues & Clubs must maintain attendance cords for the purposes of contact tracing, including name nd contact information.

ayer hygiene:

- Wash your hands before and after games;
- No high fives, handshakes, spitting or unnecessary contact;
- Stay home if sick.

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## PHASE 1

## PHASE 3 PHASE 2

Volleyball WA	27 April	2020	18 Ma	ay 2020	6 Jun	e 2020
Stakeholder	Activity	Key Message	Activity	Key Message	Activity	Key Message
WA Volleyball League Players	At-home individual or limited group strength and conditioning and individual volleyball skill repetitions to prepare for the return of volleyball.	Outdoor personal training (no shared equipment) up to 10 people. Family and friends only.	<ul> <li>Team training begins at outdoor and indoor centres in line with the latest health advice and social distancing measures.</li> <li>Continue individual strength and conditioning for volleyball training and prepare for competition.</li> <li>WAVL Clubs to commence training.</li> <li>WAVL Players to purchase their VWA and Club membership.</li> </ul>	Get in, train and get out - get dressed to train home and shower at home on completion. Limit unnecessary social gatherings. No spectators. A 20 participant limit, minimal shared equipment and 4sqm rule applied – non contact training. Getting ready for WAVL to start. • Wash your hands before and after training; • No high fives, handshakes, spitting or contact; Stay home if sick.	<ul> <li>WA Volleyball League competitions run in line with the latest health advice and social distancing measures.</li> <li>Can attend team training and maintain individual strength and conditioning for volleyball competition.</li> <li>Full contact sport is now permitted, including tackling.</li> </ul>	<ul> <li>Get in, train/play and get out.</li> <li>Equipment can be shared but should be cleaned regularly.</li> <li>Complete the attendance records for the purposes of contact tracing, including name and contact information.</li> <li>Player hygiene: <ul> <li>Wash your hands before and after games,</li> <li>No high fives, handshakes, spitting or unnecessary contact;</li> <li>Stay home if sick.</li> </ul> </li> </ul>
Social Volleyball Users (Including rentals at VWA facilities and Indoor Beach Centres)	Digital challenges and videos to deliver at home social volleyball sessions.	Family and friends only.	Social Volley sessions and training allowed. Development of COVIDSafe plans. • Clubs with venues – compulsory • All other Clubs – highly recommended	<ul> <li>Get in, train and get out- get dressed to train at home and shower at home on completion. Limit unnecessary social gatherings.</li> <li>A 20 participant includes spectators) limit, minimal shared equipment and 4sqm rule applied – non contact training.</li> <li>User hygiene: <ul> <li>Wash your hands before and after training;</li> <li>No high fives, handshakes, spitting or contact;</li> <li>Stay home if sick.</li> </ul> </li> </ul>	<ul> <li>Social Volley competitions to resume.</li> <li>Participant limit is determined by the venue and its operating allowance. For venues that can fully re-open under Phase 3, up to 300 patrons in total at the venue, but with no more than 100 patrons in a single undivided space at any one time (referred to as 100/300 rule) and applying the revised 2sqm per patron capacity rule for WA venues.</li> <li>Full contact sport is now permitted, including tackling.</li> <li>Development of COVIDSafe Phase 3 plans.</li> <li>Clubs with venues – compulsory</li> <li>All other Clubs – highly recommended</li> </ul>	<ul> <li>Get in, train/play and get out.</li> <li>Instructors, trainers, coaches and general venue staff are not included in the 100/300 patron count. Players, customers, patrons, participants, parents and spectators are included in the count in the 100/300 patron count.</li> <li>Equipment can be shared but should be cleaned regularly.</li> <li>Venues &amp; Clubs must maintain attendance records for the purposes of contact tracing, including name and contact information. Venue Staff must be present when open.</li> <li>User hygiene: <ul> <li>Wash your hands before and after games</li> <li>No high fives, handshakes, spitting or unnecessary contact;</li> <li>Stay home if sick.</li> </ul> </li> </ul>

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2<sub>sqm</sub> . . . . . .

Revised

capacity rule



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### AS OF 12:30PM, 05 JUNE 2020

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## PHASE 2

PHASE 3
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Volleyball WA	27 April	2020	18 M	ay 2020	6 Jun	e 2020
Stakeholder	Activity	Key Message	Activity	Key Message	Activity	Key Message
Social Competitions	At-home training, by yourself or with limited people.	Outdoor personal training (no shared equipment) up to 10 people. Family and friends only.	Social Team training begins at outdoor and indoor centres in line with the latest health advice and social distancing measures. Development of COVIDSafe plan.	Get in, train and get out- venue must be prepared for training prior to player arrival at venue. Players must get dressed to train at home and shower at home on completion. Limit unnecessary social gatherings. No spectators. A 20 participant limit, minimal shared equipment and 4sqm rule applied – non contact training.	<ul> <li>Possible commencement of social competitions.</li> <li>Participant limit is determined by the venue and its operating allowance. For venues that can fully re-open under Phase 3, up to 300 patrons in total at the venue, but with no more than 100 patrons in a single undivided space at any one time (referred to as 100/300 rule) and applying the revised two square metre per patron capacity rule for WA venues.</li> <li>Full contact sport is now permitted, including tackling.</li> <li>Development of COVIDSafe Phase 3 plans.         <ul> <li>Clubs with venues – compulsory</li> <li>All other Clubs – highly recommended</li> </ul> </li> </ul>	<ul> <li>Get in, train/play and get out.</li> <li>Instructors, trainers, coaches and general venue staff are not included in the 100/300 patron count. Players, customers, patrons, participants, parents and spectators are included in the count in the 100/300 patron count.</li> <li>Equipment can be shared but should be cleaned regularly.</li> <li>Organisers must maintain attendance records for the purposes of contact tracing, including name and contact information.</li> <li>User hygiene: <ul> <li>Wash your hands before and after games;</li> <li>No high fives, handshakes, spitting or unnecessary contact;</li> </ul> </li> </ul>
School Volley Clinics	School Volley clinics delivered in line with the latest health advice and social distancing measures.	Follow directions of the WA Education Department.	School Volley clinics delivered in line with the latest health advice and social distancing measures.	Follow directions of the WA Education Department.	School Volley clinics delivered in line with the latest health advice and social distancing measures. Sporting Schools will not provide coach delivered sessions Term 2, but is expected to commence in Term 3. Think Again High School Clinics are available for delivery in Term 2 upon request and must be self-funded.	<ul> <li>Stay home if sick.</li> <li>Follow directions of the WA Education Department. Volleyball WA are seeking further clarification on the requirements for venues and program delivery.</li> <li>Equipment can be shared but should be cleaned regularly.</li> <li>User hygiene: <ul> <li>Wash your hands before and after games;</li> <li>No high fives, handshakes, spitting or unnecessary contact;</li> <li>Stay home if sick.</li> </ul> </li> </ul>









Revised 2 square metre per person capacity rule for WA venues



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	PHASE 1		PHASE 2		PHASE 3		
Volleyball WA	27 April 2	2020	18 Ma	ay 2020	6 Jun	e 2020	
Stakeholder	Activity	Key Message	Activity	Key Message	Activity	Key Message	
Kids Volley Clinics (Non-School Centres)	Digital challenges and videos to deliver at home social volleyball sessions.	Family and friends only.	Digital challenges and videos to deliver at home social volleyball sessions.	Family and friends only.	<ul> <li>Kids Volley clinics delivered in line with the latest health advice and social distancing measures to reopen.</li> <li>Full contact sport is now permitted, including tackling.</li> <li>Development of COVIDSafe Phase 3 plans. <ul> <li>Clubs with venues – compulsory</li> <li>All other Clubs – highly recommended</li> </ul> </li> <li>Kids Volley Centres are set to open shortly, with a starting date TBC.</li> </ul>	<ul> <li>Get in, train/play and get out.</li> <li>Players, customers, patrons, participants, parents and spectators are included in the count in the 100/300 patron count. Centres must maintain attendance records for the purposes of contact tracing, including name and contact information.</li> <li>Equipment can be shared but should be cleaned regularly.</li> <li>User hygiene: <ul> <li>Wash your hands before and after training</li> <li>No high fives, handshakes, spitting or unnecessary contact;</li> <li>Stay home if sick.</li> </ul> </li> </ul>	
Coaches & Referees	Online Level 1 and Level 2 Education Courses available.	Stay engaged.	Online Level 1 and Level 2 theory, with practical in-person sessions conducted in line with the latest health advice and social distancing measures. Level 2 Coaching Courses • Saturday 6 <sup>th</sup> June (on- line - theory). Last course at special reduced rate.	A 20 participant limit, minimal shared equipment and 4sqm rule applied. User hygiene: • Wash your hands before and after games; • No high fives, handshakes, spitting or contact; • Stay home if sick.	<ul> <li>Online Level 1 and Level 2 theory, with practical in-person sessions conducted in line with the latest health advice and social distancing measures.</li> <li>Level 2 Referee Course         <ul> <li>Saturday 20<sup>th</sup> June (online) Last course at special reduced rate.</li> <li>Saturday 31 October (on-line)</li> </ul> </li> <li>Level 2 Coaching Course         <ul> <li>Sunday 21 June (practical component)</li> <li>Saturday 18 July</li> </ul> </li> <li>Participant limit is determined by the venue and its operating allowance. For venues that can fully re-open under Phase 3, up to 300 patrons in total at the venue, but with no more than 100 patrons in a single undivided space at any one time (referred to as 100/300 rule) and applying the revised two square metre per patron capacity rule for WA venues.</li> <li>Full contact sport is now permitted, including tackling.</li> </ul>	<ul> <li>Stay nome if sick.</li> <li>Get in, play and get out.</li> <li>Instructors, trainers, coaches and general venue staff are not included in the 100/300 patron count.</li> <li>Equipment can be shared but should be cleaned regularly.</li> <li>Coach &amp; Referee hygiene: <ul> <li>Wash your hands before and after games;</li> <li>No high fives, handshakes, spitting or unnecessary contact;</li> <li>Stay home if sick.</li> </ul> </li> </ul>	

















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**PHASE 4** 

Future easing of restrictions will be determined and occur in line with expert health advice.

WE ARE ALL IN THIS TOGETHER.

















### AS OF 12:30PM, 05 JUNE 2020

Jun	e 2020							
	Key Message							
	Get in, train and get out.							
ce,	Equipment can be shared but should be cleaned regularly.							
	Complete the attendance records for the purposes of contact tracing, including name and contact information.							
ber	Player hygiene:							
10	<ul><li>Wash your hands before and after games;</li><li>No high fives, handshakes, spitting or</li></ul>							
	unnecessary contact; • Stay home if sick.							



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